



...in pursuit of Managerial Excellence!

**BSSS  
INSTITUTE  
of Advanced  
Studies**



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**MDP**

## **NEO MINDSET SHIFT Behavioural Intelligence for Inner Transformation and Excellence at Work**

**December 19th - 20th, 2025**

### **About BSSS IAS**

The BSSS Institute of Advanced Studies (BSSS IAS), an AICTE-approved institution, is engaged in education, research, training, and consultancy activities in the areas of management, sustainable development, rural development, social sciences, and more. It strives to provide a comprehensive platform for growth and empower individuals to thrive in their respective fields.

It is one of the best professional management institutions engaged in multidisciplinary activities and has collaborated with Assumption University, Thailand, and Synergy University, Russia, for joint research, training, and management education. The Institute envisions emerging as a top professional management institution in Central India by playing a pivotal role in professional management education in the coming years and adorning a path with an undivided focus on quality education and excellence, thereby placing itself as an institution of national and international importance.

Its excellent infrastructure provides an environment conducive to academic activities, professional deliberations, and social interactions.

BSSS IAS has a strong portfolio of multidisciplinary faculties, experience in national and international consultations, and is recognised as the best training institute in Central India. As a part of the Executive Training Programme, we have proposed several Management Development Programmes focused on increasing managerial business skills and leadership capabilities of managers aspiring to be among the top leadership in their organizations. BSSS IAS is organising a series of training programmes for corporates as well as for government employees.

### **Rationale of the Programme**

In today's fast-evolving work environment, technical competence alone is no longer enough. The real differentiator of success lies in understanding and managing human behaviour—beginning with oneself. “Neo Mindset Shift: Behavioural Intelligence for Inner Transformation and Excellence at Work” is a transformative Management Development Programme designed to help professionals cultivate self-awareness, emotional regulation, and behavioural agility to thrive in dynamic organisational settings. This programme blends insights from behavioural science, emotional intelligence, and organisational psychology to foster a deep understanding of how thoughts, emotions, and actions shape professional outcomes. Participants will learn to identify limiting behavioural patterns, shift mindsets for growth, and build interpersonal effectiveness rooted in

empathy and resilience. The MDP will enable individuals to align their inner transformation with the outer excellence- creating a balanced, adaptive, and high-performing workplace culture.

## Programme Objectives:

After attending the programme, participants will be able to:

- Understand the concept of behavioural intelligence and its role in professional effectiveness.
- Develop self-awareness and emotional agility for improved decision-making and collaboration.
- Identify and reframe unproductive behavioural patterns that hinder workplace growth.
- Cultivate positive behavioural habits that promote trust, motivation, and team synergy.
- Integrate inner transformation practices to achieve sustained excellence and resilience at work.



## Registration Fees

- Offline (Non- Residential)- 4,000/-
- Offline (Residential - Double) - 7,000/-
- Offline (Residential - Single)- 8,000/-

Registration fee includes the study material, practice handouts, working lunch, & tea.

Certificate will be issued to the participants who have attended the complete Programme.

## Programme Components:

- **Understanding Behavioural Intelligence:** Concept, dimensions, and relevance in today's dynamic workplace; linking emotions, attitudes, and actions to performance.
- **Self-Awareness and Inner Transformation:** Identifying behavioural patterns, emotional triggers, and cognitive biases; developing self-reflection and personal growth mindset.
- **Mindset Reframing for Excellence:** Shifting from fixed to growth-oriented thinking; fostering adaptability, resilience, and proactive behaviour in challenging situations.
- **Emotional Agility and Interpersonal Effectiveness:** Managing emotions constructively, enhancing empathy, and improving communication and collaboration across teams.
- **Behavioural Dynamics at Work:** Understanding motivation, group behaviour, and influence; navigating conflicts, trust-building, and power dynamics.
- **Action Planning and Reflection:** Developing personalised strategies for behavioural change; creating a Neo Mindset Action Plan for sustained excellence.

Duration - 2 days

## Who Should Participate

Junior, middle, and senior-level managers in public and private organizations, NGO personnel, government officers, consultants, and entrepreneurs.

### Programme Coordinator(s):



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### For further details, please contact:

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